



Canyon News

Black Mountain Park • Del Mar Mesa Preserve

Peñasquitos Canyon Preserve

Friends of Los Peñasquitos Canyon Preserve, Inc.

Sept./ Oct. 2005

Volume 19, No. 5

Friends' Annual Meeting

Bugs!

Saturday, October 22

7 pm: social. Free food!

7:30 pm: annual meeting
to elect new officers

7:45 pm: Guest speaker

Bugs. They can drive us crazy but we can't live without them! They are also endlessly fascinating. Find out about San Diego's rich variety of spectacular bugs in a powerpoint presentation by Michael Klein, a field biologist with Klein-Edwards Professional Services. Many of you may know Michael from his fascinating talks and black-light

See p. 4 for more

Yerba Mansa

Will Bowen, PhD

Yerba Mansa (*Anemopsis californica*), sometimes called Lizard's tail, is one of my favorite plants of the riparian or streamside habitat of Peñasquitos Canyon. Yerba Mansa is a low growing plant with a creeping rootstock that sends out runners in all directions and will colonize a whole area of the streamside. This plant is known for its beautiful white flower with a snow cone spike. The white flower petals begin to "bleed" or turn red in splotches and speckles as the season wears on. By the heat of early fall the plant foliage also turns red, dries up, and withers to the ground, until its rejuvenation with the return of the following spring.

See p. 6 for more

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Mule deer buck with a nice rack caught in San Diego Tracking Team remote camera at night in Peñasquitos Canyon Preserve. Remote photo by Rick Botta

Mule Deer Spotlight Survey Resumes

Rick Botta

In 1997, the Friend's Tracking Team began a Mule Deer survey, designed to provide data on the deer population within the Preserve and, over time, help us identify trends within that population. Specifically, the study hopes to answer questions such as:

- How many deer are estimated to be in the Preserve?
- What is an approximate ratio of bucks to does and fawns to does?
- Where are the primary use areas at different times of the year?
- Is the deer population being impacted by the surrounding development?

After a multi-year hiatus period and with four years of baseline data for comparison, the survey resumed this July. Since we last performed our survey, there has been

See p. 7 for more

Is It Ever Going To Cool Off?

Since the hot weather shows no signs of abating any time soon better stick to the early morning, and evening walks. If you do go out in the daytime be sure to take extra water, a hat with a broad brim or long visor, and stop to rest in the shade.

All hikes are free to the public. If you're bringing an organized group please call 858.484.3219 to make arrangements. Rain cancels hikes. Be sure to wear hiking boots and bring water, insect repellent, and sun protection. See you on the trail.

Every Saturday & Sunday

Historic Adobe Ranch Tour

San Diego County Park docents lead a free guided tour of San Diego's second oldest standing residence, Rancho Santa María de los Peñasquitos, at 11 a.m. on Saturdays and 1 p.m. on Sundays, lasting 45 minutes. See an historic Mexican era rancho with three foot thick adobe walls, settler and Indian artifacts and tour the grounds.

La Cocina Gift Shop Hours: 10:30 a.m. - 12:30 p.m. Saturdays, 12:30 p.m. - 2:30 p.m. Sundays. The Ranch House is located on Canyonside Drive off Black Mountain Road near I-15 between Mira Mesa and Rancho Peñasquitos. See **Thomas Guide p. 1189 (C7)**.

September

Black Mtn. Park Citizens Advisory Cte.

Thur., Sept. 8, 7 p.m. Public is welcome to attend this meeting to plan park activities. Meeting is at Canyonside Recreation Center at Black Mountain Rd and Canyonside Driveway. **Thomas Guide p. 1189 (D7)**.

Beginner & Intermediate Tracking Walks

Sat., Sept. 10, 8–10 a.m. Tracker/naturalists from the Friends' Tracking Team will lead two walks, one suitable for beginners (children welcome!) and intermediates. Learn how to track animals and discover the natural environment they live in. Wear shoes that are good in mud. Meet at the

historic ranch house. Take Mercy Rd. exit off I-15 west to Black Mtn. Rd., go right on Black Mtn. Rd. and take 1st left into Canyonside Dr., proceed to white-fenced parking lot. Park, walk west on trail to ranch. **Thomas Guide p. 1189 C7**.

Volunteer Trail Building at Black Mtn. Park

Sat., Sept. 10, 8–noon. Join the San Diego Mountain Biking Assoc. and Black Mtn. Open Space Park staff to work on new singletrack trails. Take I-15 to the Camino Del Norte exit, go west. Turn left on Bernardo Center Drive and go until it dead ends at the gate. There is a new middle school - park in the parking lot and look for the SDMBA and Black Mountain Bicycles signs. For more info contact Dave Wenk at dave@sdmdba.com.

Nature Walk from Mercy Road

Sun., Sept. 11, 8:30 a.m. Join naturalist Linda King for this moderately paced nature walk. Learn native plants and their uses. Meet in Mercy Road Parking-Staging area, upper level at the junction of Mercy and Black Mtn. Roads in Mira Mesa. See **Thomas Guide p. 1189**.

Peñasquitos Preserve Citizens' Advisory Comm.

Thurs., Sept. 15, 7 p.m. Public is welcome to attend this business meeting to plan park activities. Meeting is at the historic Ranch House on Canyonside Driveway, past the Canyonside Rec Center. See **Thomas Guide p. 1189 (D7)**.

Canyon Favorites Hike

Sun., Sept. 18, 3–5 p.m. Join Pat Watkins for a moderately paced to Walden Pond, Carson's Crossing and the waterfall and back. Good chance of seeing wildlife. Meet at the end of Park Village Road in Rcho Peñasquitos. Bring insect repellent, water and wear hiking boots. **Thomas Guide p. 1189 (J7)**.

Sensory Awareness Walk with Will Bowen

Sun., Sept. 18, 3–4:30 p.m. The purpose of this walk is to discover or re-discover the canyon through the sens-

Map of Preserve is available at www.penasquitos.org or go to www.cityofsandiego.com & navigate to the open space park link & Los Peñasquitos.

es. Instead of simply tromping through the canyon, we will slow down and attend to details through experiments with looking, listening, touching, tasting, smelling, and sensing. This will lead to states of inner quiet, openness, presence, and receptivity. We may taste or smell a wild rose petal or feel the weight and smoothness of a stream cobble or listen to the birds and insects or intuit what is in the bush or around the bend in the road. This walk will appeal to those interested in Zen or Taoism and can shed light on the intuitive aspects of Native American tracking. Meets at West End Parking Staging Area. Meet at West End Parking Staging Area off Sorrento Valley Blvd., 1/4 mile east of the Coaster station. **Thomas Guide p. 1208**.

Night Walk in López Canyon with Mike Kelly

Fri., Sept. 23, 7–9 p.m. Join Mike Kelly for this evening walk in López Canyon. Chance to see wildlife. Meet at 4206 Sorrento Valley Blvd. in Sorrento Valley. Wear hiking boots, bring insect repellent, and water. See **Thomas Guide p. 1208**.

Friends of Peñasquitos Canyon Board of Directors

Tues., Sept. 27, 7 p.m. Members are welcome to attend this business meeting to plan Friends' activities. Meeting is at the historic Adobe Ranch House at Black Mountain Road and Canyonside Driveway. **Thomas Guide p. 1189 (C7)**.

October

Explore Soledad Canyon with Mike Kelly

Sun., Oct. 2, 9–11 am. Never heard of Soledad Canyon? Join Mike Kelly for this exploratory walk in a little known San Diego Canyon. See the wildlife corridor that connects Marine Corps Airstation Miramar with Soledad, Carrol, and Peñasquitos Canyons and Torrey Pines State Reserve. Meet on Nancy Ridge Road in Miramar. Take I-805 to Mira Mesa Blvd exit. Go one block

east to Scranton Rd., then left on Carroll Canyon Rd and right up Nancy Ridge Road. Proceed until you see a chain blocked gate road on your right and park. Wear hiking boots, bring insect repellent, and water. **See Thomas Guide p. 1208 (F7).**

Beginner & Intermediate Tracking Walks

Sat., Oct. 8, 8–10 a.m.

Tracker/naturalists from the Friends' Tracking Team lead two walks, one suitable for beginners (children welcome!) and an intermediate. Learn how to track animals and discover the natural environment they live in. Wear shoes that are good in mud. Meet at the historic ranch house. Take Mercy Rd. exit off I-15 west to Black Mtn. Rd., right on Black Mtn. Rd. and 1st left into Canyonside Dr., proceed to white-fenced parking lot. Park, walk west on trail to ranch. **Thomas Guide p. 1189 C7.**

Nature Walk from Mercy Road

Sun., Oct. 9, 8:30 a.m. Join naturalist Linda King for this moderately paced nature walk. Learn native plants and their uses. Meet in Mercy Road Parking-Staging area, upper level at the junction of Mercy and Black Mtn. Roads in Mira Mesa. **See Thomas Guide p. 1189.**

Sensory Awareness Walk with Will Bowen

Sun., Oct. 9, 3–4:30 p.m. The purpose of this walk is to discover or re-discover the canyon through the senses.

Instead of simply tromping through the canyon, we will slow down and attend to details through experiments with looking, listening, touching, tasting, smelling, and sensing. This will lead to states of inner quiet, openness, presence, and receptivity. We may taste or smell a wild rose petal or feel the weight and smoothness of a stream cobble or listen to the birds and insects or intuit what is in the bush or around the bend in the road. This walk will appeal to those interested in Zen or Taoism and can shed light on the intuitive aspects of Native American tracking. Meets at West End Parking Staging Area. Meet at West End Parking Staging Area off Sorrento Valley Blvd., 1/4 mile east of the Coaster station. **Thomas Guide p. 1208.**

Native Plant Sale

Sat., Oct. 15, 9:15 a.m.– 1 p.m. This annual plant sale is hosted by the Calif. Native Plant Society and takes place in the Case del Prado courtyard across from the west entrance of the Natural History Museum in Balboa Park.. Visit <http://www.cnpsd.org/plantsale.html#Fall> for more details.

Canyon Favorites Hike

Sun., Oct. 16, 3–5 p.m. Join Pat Watkins for a moderately paced to Walden Pond, Carson's Crossing and the waterfall and back. Good chance of seeing wildlife. Meet at the end of Park Village Road in Rcho Peñasquitos. Bring insect repellent, water and wear hiking boots. **Thomas Guide p. 1189 (J7).**

Bugs of Peñasquitos Canyon: Annual Meeting of the Friends of Peñasquitos Canyon

Sat., Oct. 22, 7 p.m. Social. 7:30 p.m. Presentation by Michael Klein, a field biologist with Klein-Edwards Professional Services. Many of you may know Michael from his fascinating talks and black-light adventures at local parks such as Blue Sky and Rose Canyon. He is a self-trained entomologist, with a specialization in lepidoptera (butterflies and moths). He'll talk about insects of San Diego County, and help us learn about some of the smaller creatures which we might encounter hiking in and around Penasquitos Canyon. Arrive early for a good seat. Light refreshments will be served. Meet at the historic ranch house. Take Mercy Rd. exit off I-15 west to Black Mtn. Rd., right on Black Mtn. Rd. and 1st left into Canyonside Dr., proceed to white-fenced parking lot. Park, walk west on trail to ranch. **Thomas Guide p. 1189 C7.**

Friends of Peñasquitos Canyon Bd. of Directors

Tues., Oct. 25, 7 p.m. Members are welcome to attend this business meeting to plan Friends' activities. Meeting is at the historic Adobe Ranch House at Black Mountain Road and Canyonside Driveway. **Thomas Guide p. 1189-C7.**

DIRECTIONS

Mercy Road Parking-Staging Area
In Mira Mesa. Take Mercy Exit off I-15 west to Black Mountain Rd. and straight across intersection into parking lot. Meet on upper level. **Thomas Guide p. 1189 (D7).**

Northern Parking-Staging Area
Located in Rancho Peñasquitos. From I-15 take the Mercy Road exit west to Black Mountain Road. Right on Black Mountain Road and up hill, left on Park Village Drive, about 1 mile to Camino del Sur. Left on Camino del Sur and park by the kiosk. **Thomas Guide p. 1189 (A7-B7).**

Park Village Drive Meeting Area
Located in Rancho Peñasquitos. From I-15 take the Mercy Road exit west to Black Mountain Road. Right on Black Mountain Road and up hill, left on Park Village Drive and take it all the way to the end at the white barricades and park entrance. **Thomas Guide p. 1189 – 1188 (J7).**

Ranch House Walks/Tours
Located in Rancho Peñasquitos. Take Mercy Exit off I-15 west to Black Mountain Road. Right on Black Mountain. Left at first light, Canyonside Park Dr. Go past ballfields to the white-fenced parking lot. Left into the lot. Walk up path to the ranch house. **Thomas Guide p. 1189 (C7).**

Sorrento Valley Meeting Area
Meet in parking lot at 4206 Sorrento Valley Blvd. on the north side of Sorrento Valley Boulevard in Sorrento Valley, 1/4 mile east of its intersection with Sorrento Valley Road. **Thomas Guide p. 1208 (D5).**

West-End Parking-Staging Area
South side of Sorrento Valley Blvd. in Sorrento Valley, 1/2 mile east of intersection with Vista Sorrento Pky. From east take Mira Mesa Blvd. west to Camino Santa Fe. Right on Camino Santa Fe, then left on Sorrento Valley Blvd. to bottom of the hill. Entrance is on the left. From the west, take I-5 or 805 to Sorrento Valley. Take Sorrento Valley Blvd. east, pass last building on the right. Preserve entrance is on right. **Thomas Guide p. 1208, (D5).**

Picnic Area Restoration Eagle Project

Hello Friends of the Canyon!

My name is Jason Murray, I'm 17 years old, and a Life Scout and Senior Patrol Leader in B.S.A. troop 622 (located in Rancho Peñasquitos). Ever since I moved to PQ about 7 years ago, Peñasquitos Canyon has been my favorite place to hike, bike, and learn in, using the trails, plants and wildlife to fulfill many of my requirements as I have advanced through the ranks of scouting. When it came time to do my Eagle Project, my first choice was to

tential safety hazards included a razor wire fence running through the brush in the back of the area, and a support cable for a power line stood right next to tables (a tripping or climbing hazard for children).

The picnic area should be a nice place. It has a huge pepper tree growing next to it, providing shade for the entire area, and it's surrounded by the wilderness of the canyon. It's also in a convenient location, at the head of the trail, and should be heavily used. But

planned and dug a drainage ditch to rout rainwater away from the tables and out into the brush. Also, we installed a 64 foot split rail fence along the back of the area, to define and separate it from the undeveloped brush of the canyon (as well as to protect it's users from the razor wire). Also, we had three yards of decomposed granite (DG) spread out on the ground in the main area of the tables. The DG will not only help defend against weeds from growing back in, but, like the fence, also makes the area look inviting, set aside, and cared for.

Finally, on Sunday, after scraping and sanding the old material off, the workers and I re-painted the four tables and pulled the last of the weeds away from the area. By the end of the second day, the project was finished, and the area seemed completely transformed. It had gone from an unplanned and overgrown spot for a few picnic tables to an inviting, planned and cared for area that is perfect for visitors of the canyon to stop by and enjoy. The success of this project would not have been possible without the contributions from the Friends of the Peñasquitos Canyon. I would like to offer them, and everyone who has helped my sincerest thanks for their support of my project!



give something back to the Canyon that I have enjoyed so much.

I met with the Supervising County Park Ranger Paul Kucharczyk, and he told me about a picnic site in the staging area that had become run down and needed some major improvement. For anyone not familiar with the staging area, it's located where Mercy Road meets Black Mountain Road, and the picnic area itself is just below the lower parking lot. Before my project, the picnic area had become overgrown with weeds, the paint had worn off of the tables, and rain water had dug drainage ruts through the area. Po-

because it has been run down, the potential of the area just wasn't being met.

With the help of the rangers, scouts, advisors within my troop and generous contributions from the Friends of Peñasquitos Canyon Preserve and the PQ Town Council, I devised and carried out a plan to redefine and restore the picnic area. The project was carried out on the weekend of August 20th and 21st, and was a great success. We cut down bushes, raked away grass, and pulled out all of the weeds from the ground, and used excess gravel to level out the area. We

Despite some false starts, the Friends' Website at www.penasquitos.org is finally up and running. Test drive it!



Please Help Us Open New Singletrack Trails!

San Diego
Mountain Biking
Association



The San Diego Mountain Biking Association and the staff of the Black Mountain Open Space Park invite you to participate in a volunteer trail maintenance work event.

Saturday, September 10th, 8:30 am - 12 noon
Black Mountain Park

Please join us to help maintain and preserve some of the best hiking and biking trails in North County! We'll supply the tools; all you'll need to bring is a pair of work gloves, water, and a desire to make a difference.

About Black Mountain Park

Black Mountain Park is one of the City of San Diego's open space preserves. In 2001, the park doubled in size from approximately 500 acres to over 1000 acres. Last year, it again doubled in size with the addition of 1300 more acres. Eventually, it will comprise over 3000 acres and dozens of miles of multi-use trails.

For the mountain biking community, Black Mountain Park is important for three reasons. First, it could someday constitute the majority of the trail system linking the 140-mile Sea-to-Sea Trail to the 55-mile Coast-to-Crest Trail. Second, its terrain presents mountain bikers with Cuyamaca-like terrain without leaving the city limits. Finally, it comprises some of the last pristine native habitat in urban San Diego.

Sponsor

Once again, **Black Mountain Bicycles**, 9158 Mira Mesa Blvd, www.blackmountainbicycles.com, is sponsoring our trail work event. Upon the conclusion of trail work, swag donated by Black Mountain Bicycles will be awarded by random drawing - all participants are eligible to win!



STILL TIME TO WIN A HARO Extreme X2!!

SDMBA and Haro Bikes are teaming up to award a new 2004 mountain bike to the individual with the most volunteer hours worked by the end of the year. This event is one of only three regularly scheduled volunteer opportunities remaining on the calendar, and even if you haven't done any trail work this year you can still win!

Directions

Take I-15 to the Camino Del Norte exit, go west. Turn left on Bernardo Center Drive and go until it dead ends at the gate. There is a new middle school - park in the parking lot and look for the SDMBA and Black Mountain Bicycles signs.

More Information

Dave Wenk, SDMBA Black Mountain Park Liaison
dave@sdmba.com

Black Mountain

Puncheon on Canyon Rim Trail

Ranger Tom Miller

On July 23rd and 24th, Eagle Scout Robert Badewitz led a group of scouts to install a puncheon on the Canyon Rim Trail. This is a small wooden bridge (see **photo below**) with no hand rails that crosses a ravine on the trail. It improves the safety of the trail, especially for hikers and mountain bikers.

This project is remarkable in that it was only a few months ago that I presented this idea to Robert. He immediately worked very hard to get all the planning, approvals, and fundraising completed. In addition, he enlisted Bill Witzel (a retired engineer, expert on puncheons, and park volunteer) to help with the design and construction. The result was a well constructed bridge that should stand the test of time and be there for years to come. Bill also was instrumental in facilitating a large donation that helped pay for this project and with funds left over for other future scout projects.

Special thanks to Robert, Bill, Eagle Scouts, and every one who contributed to this project. If you or your organization is looking for an opportunity to participate in a volunteer project, contact Tom Miller at 858-538-8021 for more information.



Scout Robert Badewitz and his crew sitting on their Puncheon, built to improve trail usage in Black Mountain Open Space Park.

(Yerba mansa cont'd)

This plant was one of the most important to the early inhabitants of California. It was used for many complaints. The fresh leaves were bound into a poultice and placed on cuts and bruises. Leaves, which were purposely "bruised" (tapped with a stone until the inner juice released) were placed on swellings. Hot tea made from the leaves was used as a blood purifier or cleanser and to treat colds. The leaf tea water was also used as a wash for sore feet and muscular pains. The fresh stem was chewed raw for sore throat. Skin disorders were washed with a tea of the roots. The dried leaves were powdered and sprinkled on wounds from knife, gunshot, or barbed wire. **Closeup of a flower is shown to the right.**

If you touch a cut stem of Yerba Mansa to your tongue it will feel slightly numb for a short time. I once used this plant to successfully treat a tooth abscess I was suffering from while walking the canyon. I placed a piece of the stem on the gum next to the infected tooth. Shortly afterward the pain stopped and within about an hour the swelling went down. It was quite effective.

I really like the fragrance of this plant — it has a wonderful pungent spicy odor which is pure delight. The bleeding of the white leaves in many different intricate patterns is also a very pleasing sight.

You can find this plant along Peñasquitos Creek in many places. There is also a nice stand of it under the trees at the opening of López Canyon. See if you can spot this plant next time you are out in the canyon.



Expanse of Yerba mansa.
Photo by Will Bowen

(Deer study cont'd)

significant build-out of the Del Mar Mesa area, significant habitat restoration in various locations within the Preserve and alteration of the flow of Peñasquitos Creek due to flooding and erosion. Whether these events have had an effect on the Mule Deer population will require several more years of data collection to determine.

Based upon an initial analysis, the data collected during the July survey period appears to be relatively consistent with data collected previously. The most observed Mule Deer on any one night during the recent July 2005 survey was 49. This is less than our previously observed one night high of 63 in July 2000, but is more than were observed during other nights in July surveys in the past. Fawn sightings did not appear to be drastically different than in the past. In fact, the wet weather of last fall and winter may have helped the fawing rate for this year. Besides continuing to look at the population trend over time, the July 2005 survey did identify a few areas to keep an eye on in the future:

- At least two areas in the Preserve where deer were previously observed were devoid of sightings during the most recent survey. Whether this continues to be a trend (and, if so, why) or was simply an anomaly will be determined as we collect more data.
- Very few bucks were observed this period as compared to the past, re-

(Bugs cont'd)

adventures at local parks such as Blue Sky and Rose Canyon. He's a self-trained entomologist, with a specialization in lepidoptera (butterflies and moths). He'll talk about insects of San Diego County, and help us learn about some of the smaller creatures which we might encounter hiking in and around Penasquitos Canyon. Meet at the historic ranch house. Take Mercy Rd. exit off I-15 west to Black Mtn. Rd., right on Black Mtn. Rd. and 1st left into Canyonside Dr., proceed to white-fenced parking lot. Park, walk west on trail to ranch. **Thomas Guide p. 1189 C7.**

sulting in a lower buck-to-doe ratio. It is likely that this is an anomaly specific to this period since recent remote sensing camera photos indicate there are bucks in numerous areas of the Preserve.

So, what's on the horizon for the Mule Deer Study in the near future? Our next survey period will be in the Fall. At this time, we will introduce hand-held computers and GPS receivers as the primary means of data collection. Many thanks to Doug Hansen who modified the CyberTracker program used in the Tracking Team's wildlife surveys for use in our deer survey. Use of the modified CyberTracker software will greatly simplify the entry of the survey data into our database. We are also looking into grant sources to help us expand these surveys to areas outside the Preserve and to assist in a more detailed data analysis.

I would like to express a special thank you to the following individuals who assisted in the July 2005 survey counts: Randy Botta, Lee and Betty Kirchhevel, Mike Kelly and Bill Wittzell. Special thanks also to City Ranger Gina Washington and County Rangers Autumn Acker and Alex Bedoya for their contributions and support of the study.

Tracker/Naturalist Classes Beginning Training September 22 & 24

This combination of a week day evening and a Saturday daytime class will help you develop your tracking and awareness skills, how to move in nature, and develop techniques for recognizing habitat and associated flora and fauna. All this and more as you become better in tune with our environment. Sponsored by the San Diego Tracking Team. There is a small fee for the classes. Visit www.sdt.org for more information on these and other classes.

Fall Volunteers Needed Wildlife Survey Training: Free!

Date: October 15
Time: 9:45 a.m. until 4 p.m.
Location: Los Peñasquitos Canyon Preserve

Contact for information: (760) 715-4102 or visit www.sdt.org.

Take part in a countywide track and sign survey to monitor the wildlife of major open space areas and other critical habitats. Learn basic track, sign and habitat recognition, as well as details on the implementation of survey protocol. This training is required for transect volunteers. In exchange for this free training, it is expected that trainees will also participate in at least one transect. Pre-registration is not required for individuals but requested for groups.

The training will be at Los Peñasquitos Adobe Ranch House, located behind Canyonside Community Park near the intersection of Black Mountain and Mercy Roads. If you have participated in last quarter's survey and do not wish to participate in the training, you may come by between noon and 2 p.m. to sign up for your transects.

It's expected that trainees will also participate in at least one wildlife survey in the weeks following the training. A survey usually averages 4 hours at locations around San Diego County. Trainees will be paired with experienced surveyors for the transects.

Note: Pre-registration for the training class is not required. You can just show up.

Purpose of the surveys

These wildlife surveys have provided important data on the presence or absence of certain species of wildlife such as mountain lion, bobcat, coyote, mule deer, etc., as well as their frequency in a given area. The data has been used in policy making decisions concerning wildlife tunnels, linkages, undercrossings, road opening/closures and more. Your help is needed to expand these surveys to more places in the county. Join us!



Friends of Los Peñasquitos Canyon Preserve, Inc.

P.O. Box 26523, San Diego, CA 92196
858-484-3219

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Check Your Label

Take a moment to examine the address label on this newsletter. Check to see if your expiration date has come and gone. If so, please take the time now to send in a renewal check for your membership dues. This will enable you to keep receiving our newsletter, recognized as one of the best conservation newsletters in San Diego. That way you'll keep learning about the family walks; the plants and animals that inhabit the Preserve, and the many conservation projects open to you and your family or friends.



Friends' Directory

Officers

President: Brian Swanson 760.739.5451
Vice-President: Don Albright 619.443.5937
Treasurer: Pat Watkins 858.538.2527
Secretary: Rick Botta 858.672.0584

Other Members of the Board of Directors

Edward DiBella, Ann Harvey, Mike Kelly

Walk Leaders

Brian Swanson, Don Albright, Will Bowen, Mike Kelly,
Pat Watkins, Linda King and Barbara Moore.

Committees:

Hike Scheduler: Gaye Dingeman
Newsletter: Mike Kelly
Plant Nursery Director: Liz Rozycki
Stream Survey Committee: open
Voice Mail System: Pat Watkins
Tracking Team Coordinator: Rick Botta, 858.672-0584
Volunteer Coordinator:
Conservation Chair: Mike Kelly, 858.566.6489
Webmaster: open
Wildlife Surveys: Patrick Campbell, 760.471.9197

Membership Application

Membership category? Circle below:

Senior (62) or Student \$10 Individual \$15
Family \$20 Sponsor \$30 Patron \$100
Corporate \$250 Life \$1000
Contribution \$ _____

I/We are interested in the following:

- Volunteer** to help the committee (call to discuss)
- Hikes
- Indian Culture
- Educational Workshops
- School, Family, Youth Programs
- Environment (Plants, birds, mammals, geology)

Other: _____ 9/2005

Name(s) _____

Address _____

City State Zip _____

Home Phone _____

Email _____

Please make checks payable to:

Friends of Los Peñasquitos Canyon Preserve, Inc.
P.O. Box 26523, San Diego, CA 92196

Thank you for your support! Your donation is tax deductible.
Call **858.484.3219** or **858.566.6489** for more information.