



Friends of los Peñasquitos Canyon Preserve

October – December 2017

Events Schedule

Volunteer Projects

Friends Restoration Project in Black Mtn. Open Space Park

Sun., Nov. 5, Dec. 3, 1 – 4 p.m.. Join the Friends in continuing our wildlife habitat restoration in the Santa Luz Grasslands of Black Mtn. Open Space. We'll be preparing planting sites for the coming season. Meet in the north-east corner of Black Mtn. Ranch Community Park at 14700 Carmel Valley Rd., Rancho Peñasquitos Park, SD 92029.

Ranger John's Graffiti Warriors

Sun., Oct. 8, Nov. 12, Dec. 10: 8:30 – noon. Join Ranger John Garwood for trash cleanups and other

types of projects. Meet at the Ranger Station, 12005 Black Mtn. Rd., SD 92129.

Ranger John's Environmental Projects

Sun., Oct. 22, Nov. 26: 8:30 – 11:30 a.m. Join Ranger John Garwood for trash cleanups and other types of projects. Meet at the Ranger Station, 12005 Black Mtn. Rd., SD 92129.

Ranger Melanie's Peñasquitos Canyon Restoration Project, Peñasquitos Preserve

Sat., Oct. 21, Nov. 18, Dec. 16: 9-12.

ARCH IN THE PARK

Archaeology
for all ages!

FREE ADMISSION
Saturday Oct 21st 2017
Los Peñasquitos Adobe
Ranch House
10am-3pm

Exhibits
Traditional Craft Demos
Games & Raffles

San Diego County
Archaeological Society
www.sdacas.org | info@sdacas.org | (858)538-0935

Join City Ranger Melanie Fontana in restoring wildlife habitat sites. Get on the list for the meeting place at: mfontana@sandiego.gov.

Walks

October

Full Moon Night Walk

Thursday, October 5 at 6:30 p.m.

Join a Park Ranger for a hike at Black Mountain to view the full moon and learn about natural and cultural resources. We will be hiking a total of 4 miles on rocky, steep, and uneven surfaces with an elevation gain of 900 feet. Bring a flashlight, warm clothes, water and sturdy shoes. Leashed, friendly dogs are welcome.

Full moon hikes meet at Hilltop Community Park, 9711 Oviedo Way, SD 92129. Call the Ranger Office for more information at (858) 538-8021. *Rain cancels.

Old Stagecoach Hike in Sabre Springs w Mike Kelly

Sunday, October 22, 3 – 5 p.m.

Moderately paced on flat ground. Walk the old Stagecoach Road, still with its mortarless buttress road. A pretty hike with nice views of the creek. Learn about the old Sewage Pump Station near the entrance to the walk. Learn about some of the important habitats and key plants along the way. Meet at 12435 Sabre Springs Pkwy, ½ block west of Springwater Point, San Diego.

Carmel Mountain Nature Hike w Brian Swanson

Saturday, October 28, 7:30–9:30 a.m.

We'll discuss plant and animal communities, geology, and the elusive wildlife while looking for lizard and snake scat and tracks. Wear shoes with good traction; a hiking stick will be helpful. About 2 total miles. No pets please. Meet at Fairport Way and Shorepointe Way, Carmel Valley 92130.

Camino Ruiz Rim to the Creek Hike w Les Braund

Saturday, October 28, 8 – 10 a.m.

Join naturalist Les Braund for a new hike location, leaving from Camino Ruiz Park. Most of the hike is in the shade of tall Chaparral vegetation and follows a switchback trail from the rim of the canyon down to the valley floor and stream side. See uncommon native plants such as the Summer holly shrub and others. Les says this is one of the

most beautiful walks he's knows of. The park is located at the junction of Camino Ruiz and Calle Cristobal in Mira Mesa.

Torrey Pines Loop Trail Hike

Sunday, October 29, 9 a.m.

Take a hike with a Ranger in beautiful Gonzalez Canyon. On this intermediate, 3 mile hike we will learn about plant communities, ethnobotany, and local geology. This 3 mile hike has an elevation gain/loss of 300 feet on sometimes steep, rocky and uneven surfaces. Please bring water, sun protection, and sturdy shoes.

Meet at Torrey Highlands Park, 4450 Lansdale Dr., San Diego, CA 92130. Look for the trailhead near the Dog Park. Leashed, friendly dogs are welcome on this hike. For more information call the Ranger Office at (858) 538-8021. *Rain cancels.

Old Lopez Road Hike with Will Bowen

Sunday, October 29, 4 – 6 p.m.

From Mira Mesa, hike down the Old Lopez Road, built by hand around 1900 by Ramon Lopez, to see Lopez Canyon and visit the site of the Lopez Dairy Farm. Mild to moderate hill to walk down and back up. Meet at parking lot/kiosk near 5995 Pacific Mesa Ct. in Mira Mesa. Take Mira Mesa Blvd. to Pacific Heights Blvd., go north on this road to Pacific Mesa Ct. and go to the end of the cul-de-sac.

November

Chicarita Creek, Sabre Springs Hike w Mike Kelly

Saturday, November 11, 9 – 11 a.m.

Moderately paced on flat ground. Visit this little known gem of a creek, with a year round flow of good fresh water, amid a rich Oak habitat. This is also the site of a Native American village site, with bedrock grinding morteros. Learn a bit about San Diego's older history and about the habitats and important plants along the way. Meet on Evening Creek Dr. South, between Sabre Springs Pkwy and Sabre Hill Dr., San Diego.

Camino Ruiz Rim to the Creek Hike w Les Braund

Saturday, November 18, 8 – 10 a.m.

Join naturalist Les Braund for a new hike location, leaving from Camino Ruiz Park. Most of the hike is in the shade of tall Chaparral vegetation and follows a switchback trail from the rim of the

canyon down to the valley floor and stream side. See uncommon native plants such as the Summer holly shrub and others. Les says this is one of the most beautiful walks he's knows of. The park is located at the junction of Camino Ruiz and Calle Cristobal in Mira Mesa. Email Mike Kelly at kelly.mike8388@gmail.com for more info. No reservations necessary unless bringing a larger group.

Vision Quest Hike with Will Bowen

Sunday, November 19, 3 – 5 p.m.

A short hike to a power spot where we will settle in to explore shamanic methods that can induce trance, visions, insights, and epiphanies--leading to self healing. Includes saging, breathing techniques, drumming, invocation, opening to energies, reading the book of nature, story telling, healing, and shamanic art. Bring a blanket to sit on. Meet at the West End Parking-Staging Area at 4300 Block of Sorrento Valley Blvd.

December

Carmel Mountain Nature Hike w Brian Swanson

Saturday, December 2, 7:30–9:30 a.m.

We'll discuss plant and animal communities, geology, and the elusive wildlife while looking for lizard and snake scat and tracks. Wear shoes with good traction; a hiking stick will be helpful. About 2 total miles. No pets please. Meet at Fairport Way and Shorepointe Way, Carmel Valley 92130.

Birding with all Your Senses w Jeanie Anderson

Saturday, December 2, meet 7:45, Hike 8 – 10 am. Join Ornithologist Jeanie Anderson on a path in the canyon with many birds both visible and calling. Bring sturdy shoes, binoculars and cover-ups. Handouts and checklists will be provided. Meet at the west end of Canyonside Park Driveway, 1 block west of Black Mtn. Rd. at the Preserve sign at the beginning of the white ranch house fence. 12350 Black Mtn. Rd. Rancho Peñasquitos, 92129.

Full Moon Night Walk

Sunday, December 3 at 4:30 p.m.

Join a Park Ranger for a hike at Black Mountain to view the full moon and learn about natural and cultural resources. We will be hiking a total of 4 miles on rocky, steep, and uneven surfaces with an elevation gain of 900 feet. Bring a flashlight,

warm clothes, water and sturdy shoes. Leashed, friendly dogs are welcome. Full moon hikes meet at Hilltop Community Park, 9711 Oviedo Way, SD 92129. Call the Ranger Office for more information at (858) 538-8021. *Rain cancels.

Waterfall & History Hike w Mike Kelly

Saturday, December 9, 9–11 a.m.

Moderately paced hike on flat ground to the waterfall. At the history stop stand on the historic stagecoach route over which the first trans-continental mail and passengers traveled over. Stand on the old immigrant road. Visit beautiful oak woodlands. Meet at the kiosk near 7107 Park Village Rd., Rancho Peñasquitos 92129.



Night Snake encountered in PQ Preserve.

Vision Quest Hike with Will Bowen

Sunday, December 10, 3 – 5 p.m.

A short hike to a power spot where we will settle in to explore shamanic methods that can induce trance, visions, insights, and epiphanies — leading to self healing. Includes saging, breathing techniques, drumming, invocation, opening to energies, reading the book of nature, story telling, healing, and shamanic art. Bring a blanket to sit on. Meet at the West End Parking-Staging Area at 4300 Block of Sorrento Valley Blvd.

Camino Ruiz Rim to the Creek Hike w Les Braund

Saturday, December 16, 8 – 10 a.m.

Join naturalist Les Braund for a new hike location, leaving from Camino Ruiz Park. Most of the hike is in the shade of tall Chaparral vegetation and follows a switchback trail from the rim of the canyon down to the valley floor and stream side. See uncommon native plants such as the Summer holly shrub and others. Les says this is one of the most beautiful walks he's knows. The park is located at the junction of Camino Ruiz and Calle Cristobal in Mira Mesa.

Special Events

San Diego County Archaeological Society Lectures at the Ranch

Beware, here there be pirates!

Tuesday, October 24, 7:30 p.m.

Karen Lacy and Sandra Pentney, archaeologists and anthropologists.

Ahoy, Mateys! Sandra and Karen are trying out their sea legs with this year's presentation. Have you ever wondered what drove people to piracy and the impact that piracy had with modern day culture? Perhaps you had a fascination with a certain pirate and his treasure, making your friends follow a map to where X marks the spot. Then lend us your ears, bring your ditty bag and cutlass and join us as we set sail for uncharted waters. Just remember, all land-lubbers and landsmen will be required to sign the pirate's code, all breakers of the code will be sent to Davey Jones' Locker.

The ranch house is located on Canyonside Park Driveway off 12020 Black Mountain Rd., San Diego 92129 between Mira Mesa and Rancho Peñasquitos.

Intermediate Tracker/Naturalist Class - Part 1 (classroom session)

Wed, Oct. 18, 2017, 7 – 9pm

Visit the SD Tracking Team site at <http://www.sdtt.org> or call 760-715-4102 to register.

Intermediate Tracker/Naturalist Class - Part 2 (field session)

Sat, Oct. 21, 8 am – 3:30 pm

Los Peñasquitos Ranch House, Canyonside Park Driveway, San Diego, CA 92129, USA.

Advanced Tracker/Naturalist Class - Part 1 (classroom session)

Wed, Nov. 8, 2017, 7 – 9 pm

Visit the SD Tracking Team site at <http://www.sdtt.org> or call 760-715-4102 to register.

Beginning Tracker/Naturalist Class - Part 2 (field session)

Sat, Nov. 11, 8 am – 3:30 pm

Every Month

A Tour for All People

Sundays: Oct. 15, Nov. 12, Dec. 17, 9:30 a.m.

Join a Park Ranger for a tour of the Jas Arnold Trail for All People, San Diego's first wheelchair-accessible hiking trail. On this ¼ mile loop trail participants will learn about native plants, wildlife, and the geology of Black Mtn. Open Space Park. This free event is accessible for those with mobility issues and people of all ages and abilities. Leashed, friendly dogs are welcome.

Meet at the Miner's Ridge Loop Parking Area, 14895 Carmel Valley Road, near Valle del Sur Ct., San Diego, 92129. Call Ranger Office for more information (858) 538-8021. *Rain cancels.

Every Saturday & Sunday

Historic Adobe Ranch Tour

Saturdays at 11 a.m, Sundays at 1 p.m.

San Diego County Park docents lead a free guided tour of San Diego's second oldest standing residence, Rancho Santa Maria de los Peñasquitos. See an historic Mexican rancho with three foot thick adobe walls, settler and Indian artifacts and tour the grounds. The ranch house is located on Canyonside Park Driveway off 12020 Black Mountain Rd., San Diego 92129 between Mira Mesa and Rancho Peñasquitos.

For more information about walks or events visit www.penasquitos.org or contact Mike Kelly at kelly.mike8388@gmail.com.



Recent 'Owl Prowl' participants with hike leader Brian Swanson (tall guy in the back).