



Friends of los Peñasquitos Canyon Preserve

Oct. – Nov. – Dec. 2019

Volunteer Projects

Friends' Volunteer Restoration Projects in Black Mountain Open Space Park:

Sun., Oct. 13, 27; Nov. 10, 24; Dec. 15. No experience necessary. Help plant native plants, weed around them, and water them. Help us restore habitat for the Coastal Cactus Wren. Join us at Black Mtn. Ranch Community Park at the northeast corner, 14700 Carmel Valley Rd., Rancho Peñasquitos 92129.

Ranger John's Graffiti Warriors

Sun., Oct. 13, 27; Nov. 10, 24; Dec. 15: 8:30 – noon. Join Ranger John Garwood Meet at the Ranger Station, 12005 Black Mtn. Rd., SD 92129.

Ranger Melanie's Peñasquitos Canyon Restoration Projects

Sat., Oct. 19; Nov. 16; Dec. 21. Join Ranger Melanie Fontana in restoring wildlife habitat sites. Get on the list for the meeting place at: mfontana@sandiego.gov.

Ranger John's Environmental Projects

Sun., Oct. 27; Nov. 24; Dec. 23: 8:30 – 11:30 a.m. Join Ranger John Garwood for trash cleanups and other types of projects. Meet at the Ranger Station, 12005 Black Mtn. Rd., SD 92129.

October Walks & Events

Free Wildlife Survey Introductory Class

Sat., October 19: 7:45am – 12:30pm

This free course prepares you to participate in surveys that monitor wildlife in San Diego's major open space preserves. You will learn about conservation, habitat fragmentation, basic track and scat identification, data collection protocols, and survey transects. Upon completing the class, you will be eligible to join experienced trackers on SDTT's wildlife surveys throughout San Diego County.

Check-in: 7:45 to 8 a.m.

Location: The Ranch House in Los

Peñasquitos Canyon Preserve, 12122
Canyonside Park Drive, San Diego, CA 92129
Please RSVP at sdttinfo@gmail.com

Arch in the Park Family Event

Sat., Oct. 19, 10 a.m. – 3 p.m. The San Diego County Archaeological Society will be celebrating California Archaeology Month and International Archaeology Day as part of our annual Arch in the Park event. The event will be held at the Los Peñasquitos Ranch House at 12122 Canyonside Park Drive San Diego, CA 92129. Our goal is to educate the public about archaeology and to provide information on various career and volunteer opportunities with local archaeological companies and organizations. There will also be activities and games for kids. Join SDCAS for a fun-filled outing!

SCHEDULE

10 a.m. *First People Kumeyaay* Movie
Showing

11 a.m. Art Show Awards

1 p.m. Running Grunion's Performance

Meet at the historic Peñasquitos ranch house at 12122 Black Mtn. Rd., Rancho Peñasquitos 92129.



Girl Scouts help prepare planting sites in Black Mountain Open Space Park. Photo by Mike Kelly

Picnic with Goats

Sun., Oct. 20, 12-1 p.m. Bring your lunch for a pen-side picnic with our goats, Popcorn and Base. During the picnic, staff will discuss 1860s ranch life, animal care, and Nubian goats. At the end, there will be an opportunity to interact with the goats and tour our nearly 200 year old ranch house. Meet at historic Peñasquitos ranch house at 12122 Black Mtn. Rd., Rancho Peñasquitos 92129.

Mystery Trees and more w Mike Kelly

Sat., Oct. 26, 9 – 11 a.m. Join naturalist Mike Kelly for an easy hike to the historic oak Mystery Trees, the real time Hydrologic Flow Station on Peñasquitos Creek, and a Native peoples' bedrock mortero site. Bring sun protection, water, a walking stick, and boots you don't mind getting slightly wet! Meet at the Canyonside Equestrian Center at 12115 Black Mtn. Rd., Rancho Peñasquitos 92129, half a block north of the intersection of Mercy Rd. and Black Mtn. Rd. Don't turn right into the new Ranger Station parking. Go straight in and over horse trail and take second right into old Ranger Station parking.

Old Lopez Road Hike

Sun., Oct. 27, 4 - 6 PM
From the top of Mira Mesa, we will hike down the Old Lopez Road, which was built by hand around 1900 by Ramon Lopez, to see Lopez Canyon and visit the site of the Old Lopez Dairy Farm. Along the way we will identify plants and open our senses to nature. It is a mild to moderate hill to walk down and back up. In Mira Mesa, going west on Mira Mesa Blvd, turn right onto Pacific Heights, then right onto Pacific Mesa. Follow Pacific Mesa until it dead ends into a small cul de sac parking lot.

November Walks

Climate Kids concert

Sat., Nov. 2, 10 - 10:30 a.m. Join Ranger Michelle for a casual and family-friendly concert in the park.. Dress up, dance, and sing to popular tunes re-imagined with nature themed lyrics. Bring a picnic blanket and your comfy dance shoes. Meet at the historic Peñasquitos ranch house at 12122 Black Mtn. Rd., Rancho Peñasquitos 92129.

Let's Goat for a Walk

Sun., Nov. 10, 3 – 3:30 p.m. Park staff will

lead a walk with Nubian Goats, Popcorn and Base. Learn about goat behavior, care, and personality during this interactive experience. RSVP required. Call 858-484-7504. Meet at the historic Peñasquitos ranch house at 12122 Black Mtn. Rd., Rancho Peñasquitos 92129.

Picnic with Goats

Sun., Nov. 17, 12 - 1 p.m. Bring your lunch for a pen-side picnic with our goats, Popcorn and Base. During the picnic, park staff will discuss 1860s ranch life, animal care, and Nubian goats. At the end, there will be an opportunity to interact with the goats and tour our nearly 200 year old ranch house. Meet at the historic Peñasquitos ranch house at 12122 Black Mtn. Rd., Rancho Peñasquitos 92129.

Visit SD Crime Victims Memorial Garden (Cara Knott Memorial Oak Garden) w Mike Kelly

Sat., Nov. 16, 9 – 11 a.m. Join naturalist Mike Kelly for an easy walk to pay our respects at the beautiful Memorial Oak Garden. We'll also visit the little known Cypress Creek and the old Stage Coach Road that passes above the Garden. Meet at the parking circle on Cara Way off the north side of the Scripps Poway Freeway just before the northbound on-ramp to I-15.



*Longhorn Milkweed Beetle on milkweed in Black Mtn.
Open Space Park restoration site.
Photo by Mike Kelly*

*Ranger Melanie volunteers on recent project. Photo by
Ranger Melanie Fontana.*



Vision Quest Hike

Sun., Nov. 17, 3 - 5 PM

A short hike to a power spot where we will explore shamanic methods that induce trance, visions, and insights, leading to self healing and oneness with nature. Activities include saging, breathing techniques, drumming, invocation, opening to energies, reading the the book of nature, story telling, healing, and shamanic art. Bring a blanket to sit on. Meet at West End Parking /staging area, 4300 Sorrento Valley Blvd.

Birding with all Your Senses w Jeanie Anderson

Sat., Nov. 30, meet 7:45 a.m., Hike 8 -10 a.m. Join Ornithologist Jeanie Anderson for an easy *stroll* on a path in the canyon with many birds both visible and calling. Bring sturdy shoes, binoculars and cover-ups. Handouts and checklists will be provided. Meet at the west end of Canyonside Park Driveway, 1 block west of Black Mtn. Rd. at the Preserve sign at the beginning of the white ranch house fence. 12122 Black Mtn. Rd. Rancho Peñasquitos, 92129.

December Walks

Vision Quest Hike

Sun. Dec. 15, 3-5 PM

A short hike to a power spot where we will explore shamanic methods that induce trance, visions, and insights, leading to self healing and oneness with nature. Activities include saging, breathing techniques, drumming, invocation, opening to energies, reading the book of nature, story telling, healing, and shamanic art. Bring a blanket to sit on. Meet at West End Parking /staging area, 4300 Sorrento Valley Blvd.

Every Month

Historic Adobe Ranch Tour

Saturdays at 11 a.m., Sundays at 1 p.m. San Diego County Park docents lead a free guided tour of San Diego's second oldest standing residence, Rancho Santa Maria de los Peñasquitos. See an historic Mexican rancho with three foot thick adobe walls, settler and Indian artifacts and tour the grounds. The ranch house is located on Canyonside Park Driveway off 12122 Black Mountain Rd., San Diego 92129 between Mira Mesa and Rancho Peñasquitos.

Every Other Month

Friends' Bi-monthly Board of Directors' meeting

Meetings are held on the 1st Tuesday of every other month. Coming: Nov. 5, 2019; Jan. 7 th. Members are welcome to sit in or bring concerns to the Board.

Way off the north side of the Scripps Poway Freeway just before the northbound on-ramp to I-15.

Reach Mike Kelly at kelly.mike8388@gmail.com or call 858-863-7393 for questions or more info.

Visit our website at www.penasquitos.org for a wealth of pictures, archived newsletters, videos, links and more.